

THE ULTIMATE ESTHETICS COURSE: ANTERIOR COMPOSITE

Introduction

This Anterior Composite Course will enable the delegates to restore small and large defects in anterior teeth in a predictable and consistent manner so that the restoration mimics the natural tooth. A theory with regards to composite resins will be covered but there will be a heavy emphasis on the practical side so that the practitioner will be able to restore various defects confidently.

Aims & Objectives

To enable the delegates to restore anterior teeth with composite resin restorations in a predictable manner.

Objectives

- ❖ Understanding tooth morphology
- ❖ Material selection
- ❖ Shade selection
- ❖ Tooth preparation
- ❖ Principles of smile designing
- ❖ Layering concepts
- ❖ Matrix selection
- ❖ Armamentarium
- ❖ Case discussion
- ❖ Finishing and polishing strategy
- ❖ Failure of composite and its management

Course Content

- Classification of bonding agents
- Shade taking- using different methods of shade selection
- Moisture control
- Anatomy of teeth – identifying various features on incisors, laterals and canines and reproducing them with composite
- Incremental build-up techniques: labiopalatal and palatolabial techniques
- Use of tints for recreating incisal halo, fluorosis effects and crack lines etc
- Different matrices for creating proximal walls
- Polishing of composites predictably and consistently to high luster
- Clinical case studies will be shown covering class IV restorations, diastema closures, composite veneers.
- Practical covering Class IV cavities.

Schedule

- ◆ 9:00 am – 9:30 am - Registration & breakfast
- ◆ 9:30 am – 10:45 am - Lecture Anterior Composites
- ◆ 11:00 am – 12:30 pm - Lecture Anterior Composites
- ◆ 12:30 pm – 13:30 pm - Lunch
- ◆ 13:30 pm – 15:30 pm - Class IV build up using palatal shell
- ◆ 15:45 pm – 17:30 pm - Practical on anterior tooth build up, finishing, and polishing
- ◆ 17:30 – 18:00 pm – ‘Q & A’ and feedback with snacks

Date: Saturday Falgun 10, 2081 (Feb 22, 2025) ,

Venue: AVISA TRAINING INSTITUTE, Dhumbarahi, Kathmandu

No of participant: 15 Pax

Course fee: 10,000/-

Dr. Netra Bhusal